



INDIA

HOLIDAY ITINERARY SPECIALLY PREPARED FOR

Inner Yoga Trust Group

Led By- Jenny Beeken & Pauline Sawyer

(02nd To 18th January 2013)



Contact Information:

Your holiday itinerary is created by:

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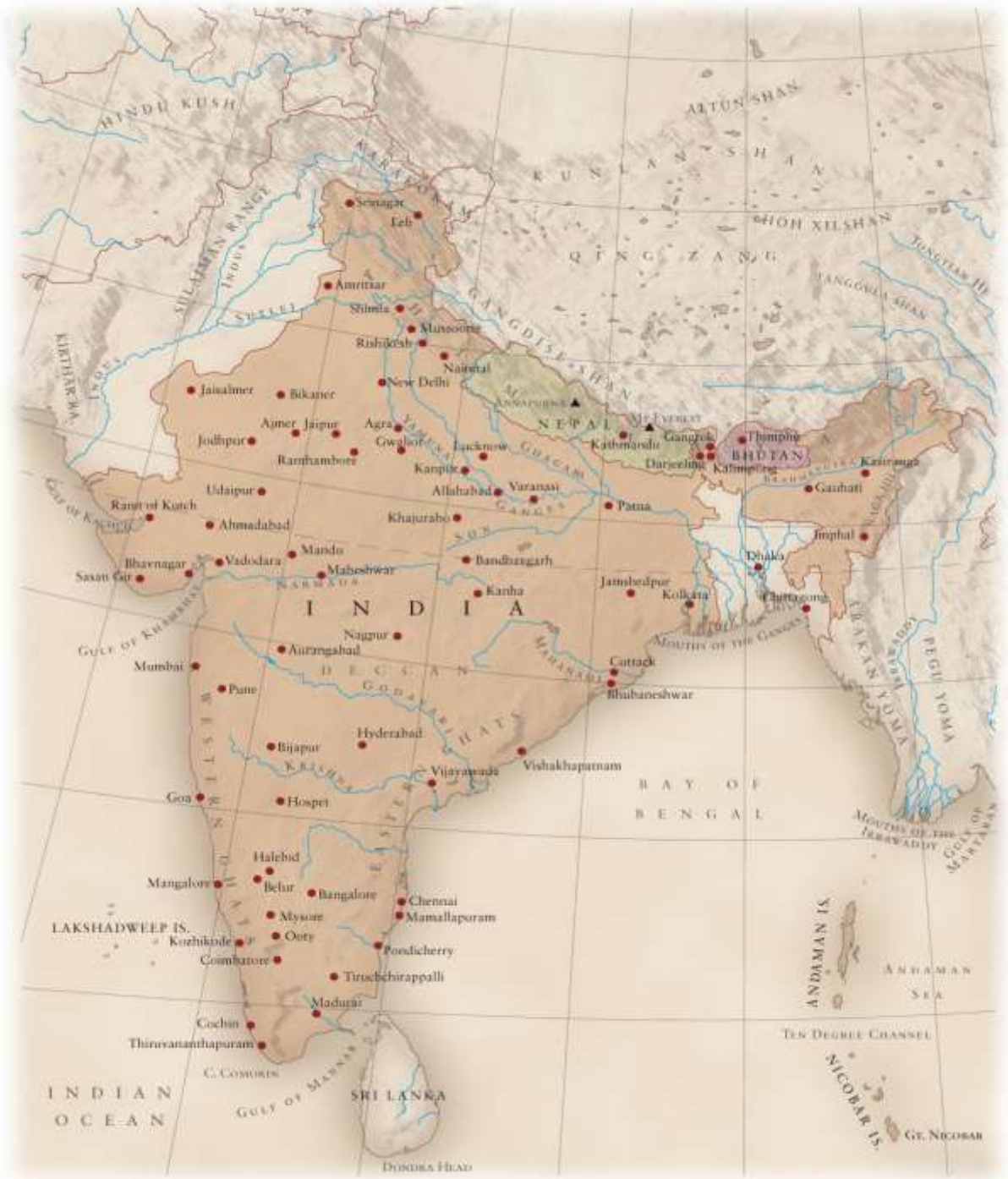
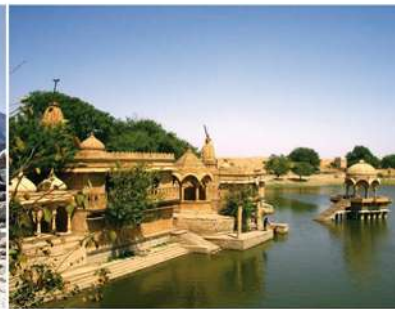
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The Itinerary

Day 01- Wednesday

02 January 2013

To Cochin via Dubai

Fly from London Heathrow (*Terminal 3*) on Emirates flight to Dubai.

| | | |
|------------------|-----------------------|----------|
| Departure London | Emirates Airlines EK2 | 1345 hrs |
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Day 02- Thursday

03 January 2013

Cochin

| | | |
|---------------|--|----------|
| Arrival Dubai | | 0025 hrs |
|---------------|--|----------|

Change for your flight to Cochin.

| | | |
|----------------|-------------------------|----------|
| Depart Dubai | Emirates Airlines EK530 | 0245 hrs |
| Arrival Cochin | | 0800 hrs |

Meeting, assistance on arrival and transfer to your hotel by a private chauffeur-driven air-conditioned coach. Check-in at **Casino Hotel for 1 night** (*First Class Ethnic Style Hotel, Standard Rooms*).

Cochin has a history stretching back to the time of King Solomon, when it was known as 'Queen of the Arabian Sea'. Arabian, Phoenician and Chinese traders all stopped here in search of spices, silks and sandalwood. Marco Polo and Vasco da Gama followed, as did the Dutch East India Company and later the British. Today, Christians, Jews, Muslims and Hindus still live side by side, and Chinese fishing-nets, introduced by merchants from the court of Kublai Khan, continue to haul in fish. The adjoining backwaters make it a popular destination.

Afternoon sightseeing of Cochin visiting the Jewish Synagogue & St Francis Church.



Day 03- Friday

04 January 2013

To Munnar

Morning drive to Munnar (approximately 4 hrs driving time). Check-in at **Kaivalyam Retreat for 5 nights** (Standard Grade Mountain Resort, Cottages).

Munnar - breathtakingly beautiful - a haven of peace and tranquility - the idyllic tourist destination in God's own country. Munnar is the most beautiful hill station of south India with an altitude of 1600 meter from the sea level amidst picturesque mountain ranges with lush green vegetation and scenic waterfalls, Munnar is a living paradise on the earth. Some of the highest tea gardens of the world are also located at Munnar. The picturesque town of Munnar is pristinely clean and beautifully maintained. The quiet surroundings of Munnar offer you a secluded environ to relax in the lap of Mother Nature. The hills also have some of the best trekking routes of India and so known as 'trekker's paradise'. For adventure-seeking tourists, the place offers best conditions for paragliding and rock climbing. Anamudi, The highest peak of south India at 2695 m adds to the fame of the place.

Day 04- Saturday

05 January 2013

Munnar

Morning visit the Eravikulam National Park, home to the rare Nilgiri tahr. Afternoon visit a Tea museum, to learn about the history of the traditional 'cuppa'.

Day 05- Sunday

06 January 2013

To

Day 07- Tuesday

08 January 2013

Munnar

Free days for Yoga.



Day 08- Wednesday

09 January 2013

To Jaipur via Mumbai

Late morning transfer to the Cochin airport to board your flight to Mumbai.

| | | |
|-----------------------------------|--------------------|----------|
| Depart Cochin | Jet Airways 9W2104 | 1605 hrs |
| Arrive Mumbai | | 1755 hrs |
| Change for your flight to Jaipur. | | |
| Depart Mumbai | Jet Airways 9W2053 | 1835 hrs |
| Arrive Jaipur | | 2010 hrs |

Meeting, assistance on arrival and transfer to the hotel. Check-in at **Shahpura House for 3 nights** (*Standard Grade Royal Residence; Suites*).

Jaipur - designed by a young Bengali architect in 1727, it is the only city in the world symbolising the nine divisions of the universe. Jaipur is also known as the Pink City of India. Palaces, Forts and sublime architecture with a strong influence of Hindu, Jain and Mughal styles make Jaipur most interesting. Colourful bazaars and warm people are the pride of Jaipur.

Day 09- Thursday

10 January 2013

Jaipur

Morning excursion to Amber Fort where you will ascend this hilltop Fort on elephant back. Afternoon at leisure.

*The 10th century **Amber Fort** is ringed by hills, with ramparts guarding all approaches and watchtowers set at strategic points. Windows pierce the high walls at points impossible to break in from the outside, and staircases are deliberately narrow so that they could be held by a single warrior allowing members of the royal family and the army to flee to more strategic locations. Of special interest in the fort is the Sheesh Mahal or Hall of Mirrors. It is a sumptuous apartment made opulent through tiny mirrors studded into its walls and ceiling.*



Day 10- Friday
11 January 2013

Jaipur

Morning sightseeing tour of the city of Jaipur visiting the City Palace & Museum, Hawa Mahal (Palace of Winds), and the Jantar Mantar Observatory. Afternoon at leisure.

Day 11- Saturday
12 January 2013

To Agra via Fatehpur Sikri

Morning drive to Agra (*approximately 5 hrs driving time*) en-route visiting the deserted mughal city of Fatehpur Sikri.

Fatehpur Sikri, about 37 km from Agra, was one of the capital cities of Emperor Akbar, and derives its name from the fact that Akbar marched from here and conquered Gujrat in 1652. The city is rectangular in shape with nine huge Darwazas or gates. The whole complex is made of red sandstone and is an architectural masterpiece, which has been declared a world heritage site. Also situated here is the tomb of the famous Sufi saint, Sheikh Salim Chisti.

Check-in at **Howard Park Plaza for 2 nights** (*Standard Grade Modern Hotel; Superior Rooms*).

Agra grew in prominence under the rule of the Mughal Empire in 1526, reaching its zenith between 1556 and 1658, under the successive rules of Akbar, Shah Jehan and Jehangir. Akbar's reign was memorable in the city's history when it became a leading centre of art, science, commerce and culture, drawing intellectuals and artists to its Darbars and Havelis.

Day 12- Sunday
13 January 2013

Agra

Morning sightseeing of Agra visiting the Red Fort & the Tomb of Itmad-ud-Daula and visit to the Taj Mahal. Afternoon at leisure.



The Red Fort or Agra Fort, on the banks of the River Yamuna, is situated in the centre of the town. Various styles of architecture are evident within the Fort and demonstrate the boldness of Akbar's period, the refinement of Jehangir's time, and the subtleness of Shah Jehan's rule. The other attractions here include The Diwan-i-Am, the Diwan-i-Khaas and Jodhabai's Palace.

The Tomb of Itmad-ud-Duala is situated opposite the Taj Mahal, on the other side of the River Yamuna, houses a magnificent mausoleum of Ghias Beg, the father of Noor Jehan.

The Taj Mahal, which is essentially one man's monumental testimony to Love, has become synonymous not only with this city but also with India as a whole. The mausoleum was built by Shah Jehan for his Empress Mumtaz Mahal. The construction is believed to have taken 22 years to complete with over 20,000 craftsmen working round the clock. The design and construction is said to be that of the legendary architect, Ustad Ahamad Lahori.

Day 13- Monday

14 January 2013

To Varanasi via Delhi

Early morning transfer to Delhi to board your flight to Varanasi.

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|-----------------|-----------------|----------|
| Depart Delhi | Air India AI433 | 1405 hrs |
| Arrive Varanasi | | 1640 hrs |

You will be met on arrival and transferred to your hotel. Check-in at **Hindustan International Hotel for 2 nights** (*Superior Modern Hotel; Executive Roms*).

(Varanasi is the holiest Hindu City sprawling along the banks of river Ganga. With its array of shrines, temples and palaces rising in several tiers from the water's edge, Varanasi is one of the most fascinating cities of the world in the East. It is a city of fairs and festivals (celebrating about 400 of them in a calendar year). Since times immemorial Varanasi has been the seat of learning).



Day 14- Tuesday
15 January 2013

Varanasi

Morning enjoy sightseeing tour of Varanasi.

Afternoon visit Sarnath (8 kms from Varanasi) which has the 2000 years old Buddhist Stupa and the deer park where Lord Buddha gave his first sermon after enlightenment.

Evening enjoy a cycle rickshaw ride to see the devotees offering prayers on Ghats.

Day 15- Wednesday
16 January 2013

To Delhi

Leave for an early morning boat ride on Ganges River to see meditating sadhus and the life on the Ghats of the city.

Afternoon transfer to the airport to board your flight to Delhi.

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|-----------------|-------------------|----------|
| Depart Varanasi | Jet Airways 9W724 | 1450 hrs |
| Arrive Delhi | | 1620 hrs |

Met on arrival and transferred to your hotel. Check-in at **Royal Plaza Hotel for 2 nights** (*Superior Grade Centrally Located Hotel; Superior Rooms*).

Delhi has seen the rise and fall of many empires and each dynasty of Kings has left behind monuments and memories to commemorate the grandeur of bygone days. Very few cities in the world offer such diversity in architectural styles as Delhi. The Old city of Delhi today stands as an epitome of the whole history of Indo-Islamic architecture.



Day 16- Thursday
17 January 2013

Delhi

Morning enjoy sightseeing of Old Delhi including an exhilarating cycle rickshaw ride to the Jama Masjid through the bustling Chandni Chowk and it's back roads, which were the centre of the city Shah Jehanabad in the Mughal times. Finally continue onto the Raj Ghat- Mahatma Gandhi's cremation site.

Afternoon sightseeing of dynamic New Delhi including the impressive Humayun's Tomb, Qutab Minar and the India Gate. Drive past the President's House & the Parliament buildings.

Day 17- Friday
18 January 2013

To London via Dubai

Morning transfer to the airport to board your flight to Dubai (*Check-in is 3 hrs prior*).

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|---------------|-------------------------|----------|
| Depart Delhi | Emirates Airlines EK511 | 1055 hrs |
| Arrival Dubai | | 1315 hrs |

Change for your flight to London Heathrow.

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|---------------|-------------------------|----------|
| Depart Dubai | Emirates Airlines EK003 | 1430 hrs |
| Arrive London | | 1815 hrs |



The Cost

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|--|------------------|
| Per person sharing a double/ twin room | £2,445.00 |
| Single room supplement | £660.00 |
| Emirates Business Class supplement | £1,500.00 |

Meal Plan

Daily Breakfast

The Cost Includes

- International flights on Emirates Airlines in economy class.
- Internal flights in economy class.
- Accommodation as per the itinerary (*Check-in is 1400 hrs and checkout 12 noon. Early check-in and late checkout are subject to availability*).
- Services of our English-speaking representative for all arrival and departure transfers to assist you at the airports.
- All transfers and sightseeing by a chauffeur driven private air-conditioned coach.
- Services of English speaking guide during sightseeing as specified in the itinerary.
- Entrance fees to all monuments during sightseeing as specified in your itinerary.
- Services of a local escort for Jaipur & Agra sector.



- Complimentary mineral water whilst driving.

Not Included

- Visa Fee for India (Currently £40.00 per person). We can assist in securing your India visa at a fee of £25.00 per person.
- Any expenses of a personal nature like laundry, telephone calls, beverages, gratuities etc.
- Lunch & Dinners (*approximately £12.00-£15.00 per person per day*).
- Camera fees at monuments and other places of interest.
- Travel Insurance:

It is essential to have an adequate travel insurance in place before your departure. This should be appropriate for your age, health and destination you are visiting.

Please ensure:

- *It includes comprehensive medical and repatriation cover.*
- *It provides cover for your whole trip.*
- *It covers you for all activities.*
- *Disclose pre-existing medical conditions.*
- *Take your policy number and the 24-hour emergency number with you.*
- For our comprehensive travel insurance quotation please visit

www.tgic-online.com/ti/jsp/welcome.jsp?AccountID=5268

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